THE ARC OF VOLUSIA-

ACHIEVING WITH US

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Message from Our CEO



As we move into this season of gratitude, I want to take a moment to express how incredibly

proud I am of our staff here at The Arc of Volusia. The work we do is not always easy, but every day our team shows up with heart, compassion, and a true spirit of teamwork.

I often say it, and I'll say it again: I have the best staff.

We want to especially acknowledge our agency coordinators. Thank you for your leadership, your support, and the steady commitment you bring to our mission. You are thoughtful stewards of our resources, you support one another and our clients, and you consistently give your very best. Our organization is stronger because of you.

To our entire team: please recognize the impact you have in people's lives every single day. The dignity, confidence, independence, and joy you help cultivate for the individuals we serve is meaningful beyond measure. Keep up the amazing work!

This Thanksgiving season, and in every season, I am grateful for each of you.

With appreciation,

Laurie Davis, CEO The Arc of Volusia















Happy Fall Day, Y'all!

We recently celebrated "Fall Day" at our Daytona Beach campus, and we were thrilled to host our DeLand clients for the festivities. Nearly 100 clients and 20 staff members came together for a day filled with fun and connection. After enjoying burgers and hot dogs, everyone took part in games like cornhole, Connect Four, and a treasure hunt hidden in bales of hay. Each room also decorated a pumpkin, and we wrapped up the celebration with a friendly pumpkin carving contest. It was a joyful day of community, creativity, and shared experiences across both campuses. This is an annual event that our clients and staff eagerly look forward to!







November is the perfect time to think about all the people who make our lives brighter: friends, family, mentors, and staff who support us every day.

Gratitude means noticing the good things around us and letting others know we appreciate them. Even small gestures can make a big difference!

So, how can we show gratitude? Here are a few easy ideas you can try during this month of thankfulness:

- Write a thank you card or note.
 Decorate it with drawings or stickers to make it extra special.
- 2. Make a gratitude collage. Cut out or draw pictures of things and people you're thankful for.
- 3. Give a compliment! Tell someone what you like about them or something they did well. Your words might make a lasting impact on their whole day!
- 4.Go out of your way to do something kind. Hold the door for someone, help a friend clean up, or share your favorite snack.
- 5. Show appreciation with art. Make a small craft, drawing, or picture to give to someone just because you want to.

Gratitude doesn't have to be big or fancy. What matters most is that it's from your heart. When you take time to say "thank you," you make the world a little kinder.

Staff Spotlight Anna Pipkins





Your Role, In Your Own Words:

Being a Direct Support Professional (DSP) means I get to serve as a mentor, advocate, and companion, helping people live meaningful, self-directed lives.

Before The Arc, what type of work did you do?

I was a caregiver and have always loved that type of work.

What do you like to do for fun?

I enjoy anything outdoors, like hiking, fishing, going to the beach, and taking weekend trips. My favorite vacation is to be out west.

What advice or encouragement would you give to a brandnew client of The Arc on their first day with us?

Be patient with yourself. It might take a little time to adjust to new routines or programs. That's completely normal. Celebrate small successes and give yourself credit for showing up and trying something new.

What do you like most about being a DSP?

I love the relationships I've built with the people I support. Every day, I get to be part of their lives, celebrating their achievements, encouraging them through challenges, and seeing them grow more confident and independent. It's such a rewarding feeling to know that even small moments of care or laughter can make a difference in someone's day. The work can be challenging at times, but it's filled with purpose and heart. I honestly can't imagine doing anything else.

How has your life/perspective changed working with The Arc?

I've become more patient, empathetic, and aware of the importance of accessibility in all areas of life. Professionally, The Arc has reinforced my belief that true advocacy starts with relationships: listening, empowering, and standing alongside the people we serve.



NOVEMBER BIRTHDAYS

Christopher LaPlante, 11/7
Courtney Bingham, 11/8
Charles Auborn, 11/12
Joshua DuPont, 11/18
Alexander Morrow, 11/19
Tameka White-James, 11/20
Ruben Cortez, 11/21
Jonathan Stewart, 11/23
Damien Weeks-Mendez 11/23
Sara Dutt, 11/24
Shawn Witzel, 11/25
Jessica Sirois, 11/27
Judith Snyder, 11/28
Frank Savia, 11/30
Casey Brock, 11/30

STAFF BIRTHDAYS

Anna Pipkins, 11/1 Laurie Davis, 11/10 Kristie Reyes, 11/21

Thanksgiving Feast November 23

at the Daytona Beach Campus

Side and dessert donations requested, including: pies (apple or pumpkin), plates, napkins, forks, potatoes, cranberry sauce, whipped cream, stuffing, and whole green beans in a can.







Daytona Beach Campus Menu & Calendar

NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	29	30	31
Nuggets with potato wedges, drink & dessert	4 Pizza and salad with drink & dessert	5 Pancakes & sausage with drink & dessert	6 Goulash and salad with drink & dessert	7 BBQ burger with potato wedge, drink & dessert
Beanie Weenies, with fries, drink, & dessert	Pizza and salad with drink & dessert	Chili with cornbread, drink & dessert	Shepherd's pie with drink & dessert	Turkey or ham deli sandwich with chips, drink & dessert
Tuna sandwich with chips, drink & dessert	Pizza and salad with drink & dessert	Cheeseburger with fries, drink & dessert	Thanksgiving Feast (both campuses)	Thanksgiving Feast leftovers
Tuna sandwich with chips, drink & dessert	Pizza and salad with drink & dessert	Hamburger with potato wedges, drink & dessert	27 Closed	28 Closed

Daytona Beach Outings & Activities

Wednesday 11/5, 11/26 Bowling \$10

> Friday 11/7, 11/21 **Cooking Class**

Spirit Week: 11/10-11/14 Monday - Hat Day Tuesday - Wacky Socks Weds - Superhero Day Thursday - Wear Your Favorite Team Friday - Wear Your Favorite Shirt with an Animal

> Friday 11/14 Sanford Zoo \$20

Thursday 11/20 Thanksgiving Feast

the week, or the month.



& dessert

Snacks: \$1.00

Alternate Lunch Choices Available Daily

Chef's Salad Ham or Turkey Sandwich w/ Beverage & Dessert

Snacks

Assorted Snacks (selection varies) Soda, Juice, Gatorade

Daily Breakfast Choices

Sausage, Egg, & Cheese Sandwich Ham, Egg & Cheese Sandwich Oatmeal **Assorted Cereal Cups**

DeLand **Outings & Activities**

Thursday 11/6 Picnic Lunch

Friday 11/14 Sanford Zoo \$20

Tuesday 11/18 Eco Buggy (arrive by 8am)

Thursday 11/20

Thanksgiving at Daytona Campus (arrive by 9am)

> Tuesday 11/25 Pie Day \$3

DeLand Campus Menu & Calendar NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	29	30	31
3 Corn dog with fries, drink & dessert	4 Pizza and salad with drink & dessert	Taco pie with drink & dessert	6 Burger with bacon, cheese potato half, drink & dessert	7 Nuggets with fries, drink & dessert
Nuggets with potato wedges, drink & dessert	Pizza and salad with drink & dessert	Pancakes & sausage with drink & dessert	Goulash and salad with drink & dessert	BBQ burger with potato wedge, drink & dessert
Beanie Weenies, with fries, drink, & dessert	Pizza and salad with drink & dessert	Chili with cornbread, drink & dessert	Thanksgiving Feast (both campuses)	Thanksgiving Feast leftovers
24 Tuna sandwich with chips, drink	25 Pizza and salad with drink	Cheeseburger with fries,	27 Closed	28 Closed

drink & dessert

& dessert