

SEPTEMBER 2025

THE ARC OF VOLUSIA

ACHIEVING WITH US

NEWSLETTER

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Message from Our CEO

While the next State of Florida legislative session does not begin until January 13, 2026, we're in an important time of year for reaching out to our local decision makers. Legislative delegation meetings are public forums where state lawmakers from a specific county gather to hear from local constituents, organizations, and government officials. These meetings are typically held before the start of Florida's legislative session.

Delegation meetings start in Florida in September and are open to the public. This is a great time to step up and discuss issues that are important to you and your loved ones with intellectual and developmental disabilities (I/DD). By sharing your opinions and ideas with your legislators, you help them decide what to do about issues and how to shape legislation for those with I/DD.

As of the printing of this newsletter, Volusia and Flagler Counties have not yet determined their delegation meeting dates, however, as soon as we are aware of them, we'll be sure to let you know through social media and our website. More information can be found at arcflorida.org/advocacy.

We hope that you will join us in making our collective voice heard by our legislators. These sessions allow them to gather input that can shape their agenda during the legislative session and foster transparency and accountability in state government.

Laurie Davis
Chief Executive Officer
The Arc of Volusia



Join Us for The Arc of Volusia Family Forum

On Wednesday, October 22, The Arc of Volusia will host the Arc of Volusia Family Forum. This event will feature an informative panel of speakers and presenters to help families navigate the journey through adulthood for individuals with intellectual and developmental disabilities. Whether you are currently an Arc of Volusia family or are just looking to learn more about future options, we invite you to join us!

Our speakers will include:

- **Dina Justice**, COO of The Arc of Florida
- **Katie Widdison**– An Arc of Volusia family member who has navigated the system of iBudget waivers and CDC+ as a mom AND as a Support Coordinator
- **Lizzie Johnson**, Managing Attorney, Community Legal Services Older Adults Program

This event is open to the public. Please spread the word, and invite anyone who you think would benefit from a session such as this to ease their transition planning process. Tours of the campus will also be available to those of you who have not been here before... we'd love to show you around!

We will be serving pizza, and want to be able to plan accordingly, therefore, please RSVP via email by Monday, October 20, 2025 to m.dockery@arcvolusia.org if you plan to attend.

Wed. October 22nd – 5PM
Arc of Volusia – Daytona Campus
100 Jimmy Huger Circle, Daytona Beach

Support The Arc of Volusia at ArcVolusia.org/donate



You can shop our
Arc of Volusia Wish List
any time by visiting
arcvolusia.org/wishlist

SEPTEMBER BIRTHDAYS

Robert Hetzel 9/1
Robert Logan 9/3
Phillise Grimes 9/9
Charlee Yost 9/15
Christina Sturgess 9/21
Brian Lahnum 9/23
Marcell Woulard 9/23
Kyle Mootry 9/24
Shawn Mann 9/25
Christopher Erhardt 9/28
Ayush Trivedi 9/30

Staff Birthdays

Leslie Blunt-Johnson 9/4
Rochell Pouncey 9/11

Staff Spotlight

Leslie Blunt-Johnson

Your role... In Your Own Words:

I am a DSP/Driver - I supervise individuals on a daily basis and teach life skills.

What do you like about your job?

Every day is different, and sometimes exciting!

What do you like to do for fun?

Exercising, reading, visiting theme parks, travelling.

What's your best-ever Arc activity or outing?

Fishing

Where would you go on your dream vacation?

I would like to visit Africa.

What's the best advice you ever received?

If you don't understand something, ask questions.

If you could have dinner with any famous person (past or present), who would it be and why?

Prince, because he is a genius as far as music and instruments. I would love to learn what makes him tick.

What would YOU like to share with us about yourself?

I like biking, gardening, and spending time with my family.



Giving Today To Invest In Tomorrow

As a valued supporter, we want to ensure you are aware of the most effective ways to contribute to our mission. If you are 70 1/2 or older and have a traditional IRA, a Qualified Charitable Distribution (QCD) can be a powerful tool to make a tax-efficient gift. A Qualified Charitable Distribution is a direct transfer of funds from your IRA to The Arc of Volusia. It's a way to give that provides significant tax benefits, especially for those who no longer itemize deductions.

Key Benefits of a QCD:

- Satisfy Your Required Minimum Distribution (RMD): If you are age 73 or older and are required to take an RMD, a QCD can be used to satisfy all or part of that distribution. This allows you to meet your RMD obligation while supporting The Arc of Volusia's current programming.
- Reduce Your Taxable Income: Unlike a regular IRA withdrawal, a QCD is not included in your gross income. This can be especially beneficial as it may help you avoid being pushed into a higher tax bracket or facing higher Medicare premiums.
- Give More Effectively: Since a QCD reduces your taxable income, it can allow you to make a larger charitable gift than you might otherwise be able to. It's a great way to put your retirement savings to work for The Arc of Volusia.
- No Itemizing Necessary: With the increased standard deduction, many people no longer itemize their charitable contributions. A QCD provides a tax benefit even if you take the standard deduction.

The 2025 QCD Limit

In 2025, the annual limit for a QCD is \$108,000 per individual. This limit is indexed for inflation, which is why it has increased from previous years. For married couples, each spouse can make a QCD of up to \$108,000 from their respective IRAs, for a potential total of \$216,000.

Making a QCD is a straightforward process, but it must be done correctly to qualify for the tax benefits. Contact Your IRA Custodian to make a direct transfer from your IRA administrator to The Arc of Volusia. You cannot withdraw the money yourself and then donate it. The gift must be completed and received by the charity by December 31, 2025, to count for this tax year. We recommend starting the process well in advance to avoid any year-end delays.

We encourage you to speak with your financial advisor or tax professional to determine if a Qualified Charitable Distribution is the right giving strategy for you. Your generosity has a profound impact on The Arc of Volusia, and a QCD can be a smart and efficient way to maximize that impact.

THANK YOU SPONSORS!



7th Somewhat-Annual

Arc of Volusia Charity Golf Tournament



The Arc
Volusia

Serving individuals
with intellectual and
developmental disabilities
since 1962.



Friday
September
19

8AM Registration

Or visit us online at ArcVolusia.org/golf25



The Club at
Venetian Bay

63 N. AIRPORT RD
NEW SMYRNA BEACH FL

**Back to
FRIDAY
this year!**





If you're reading this newsletter prior to September 15, there's still time to participate in our largest (and most fun) FUNdraiser of the year! Scan the QR code above to learn more, register your foursome, and join us for a great day on the links!

Support The Arc of Volusia at ArcVolusia.org/donate

Daytona Beach Campus Menu & Calendar September

Daytona Beach Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 LABOR DAY HOLIDAY	2 Pizza Salad Beverage/Dessert	3 Pulled Pork Sandwich Cole Slaw Beans Beverage/Dessert	3 Meat Loaf Baked Potato Veggie Beverage/Dessert	5 Cheeseburger Fries Beverage/Dessert
8 Turkey Sandwich Chips Beverage/Dessert	9 Pizza Salad Beverage/Dessert	10 Chicken Nuggets Potato Wedges Beverage/Dessert	11 Fried Fish Cheese Grits Hushpuppies Beverage/Dessert	12 Chili Cheeseburger Fries Beverage/Dessert
15 Egg Salad Sandwich Chips Beverage/Dessert	16 Pizza Salad Beverage/Dessert	17 Chicken Sandwich Mac Salad Beverage/Dessert	18 Steak & Cheese Baked Potato Beverage/Dessert	19 Bacon Cheeseburger Fries Beverage/Dessert
22 Chef Salad Bread Chips Beverage/Dessert	23 Pizza Salad Beverage/Dessert	24 Loaded Nachos Beverage/Dessert	25 Chicken Farm Spaghetti Bread Beverage/Dessert	26 BBQ Cheeseburger French Fries Beverage/Dessert

Alternate Lunch Choices
Available Daily
Chef's Salad
Ham or Turkey Sandwich
w/ Beverage & Dessert

Snacks
Assorted Snacks
(selection varies)
Soda, Juice, Gatorade

Daily Breakfast Choices
Sausage, Egg, & Cheese Sandwich
Ham, Egg & Cheese Sandwich
Oatmeal
Assorted Cereal Cups

Daytona Beach Outings & Activities

Friday
9/5, 9/12, 9/26
Swimming \$3.00

Wednesday
9/10 & 9/24
Bowling \$6.50

Thursday 9/18
Perkins' \$10
(first 30 signups)

Friday 9/19
Water Day
(on-campus)

Monday 9/22
Dairy Queen \$10

Reminder:
We will be closed
for Labor Day
on Monday, Sept. 1.

Interested in purchasing breakfast, lunch, or snacks?

**Cash or check
accepted for the day,
the week, or the month.**



**Breakfast: \$2.00
Lunch: \$7.00
Snacks: \$1.00**

DeLand Outings & Activities

Thursday 9/11
Ponce Inlet
Lighthouse

Tuesday 9/16
Sugar Mill Gardens

Thursday 9/18
Perkins' \$10

Thursday 9/25
Chuck Lennon
Park

Tuesday 9/30
River Grill DeLand
\$20

DeLand Campus Menu & Calendar September

DeLand Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 LABOR DAY HOLIDAY	2 Pizza Salad Beverage/Dessert	3 Tacos Refried Beans Yellow Rice Beverage/Dessert	4 Swedish Meatballs Mashed Potatoes Broccoli Beverage/Dessert	5 Hamburger French Fries Beverage/Dessert
8 Chicken Salad Sandwich Chips Beverage/Dessert	9 Pizza Salad Beverage/Dessert	10 Pulled Pork Sandwich Cole Slaw Beans Beverage/Dessert	11 Meat Loaf Baked Potato Veggie Beverage/Dessert	12 Cheeseburger Fries Beverage/Dessert
15 Turkey Sandwich Chips Beverage/Dessert	16 Pizza Salad Beverage/Dessert	17 Chicken Nuggets Potato Wedges Beverage/Dessert	18 Fried Fish Cheese Grits Hushpuppies Beverage/Dessert	19 Chili Cheeseburger Fries Beverage/Dessert
22 Egg Salad Sandwich Chips Beverage/Dessert	23 Pizza Salad Beverage/Dessert	24 Chicken Sandwich Mac Salad Beverage/Dessert	25 Steak & Cheese Baked Potato Beverage/Dessert	26 Bacon Cheeseburger Fries Beverage/Dessert

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