THE ARC OF VOLUSIA

ACHIEVING WITH US

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Welcome to "Achieving With Us"

There are a lot of great things going on at The Arc of Volusia, and we want to make sure that you're in the know. It's been a while since our newsletter has been active, so now it's back as your primary resource... whether you're a program participant, a family member, a donor, or just curious about our agency.

In each monthly issue you'll find a mix of stories and photos sharing what we've done, what we're going to do, and how you can get involved as well. We'll celebrate our successes and milestones, provide info such as activity calendars and kitchen menus, and keep you updated on events and more.

We're committed to improving our communication and our connection with our community, so "Achieving With Us" will be a monthly publication. We value your input; please don't hesitate to share your thoughts and suggestions with us.

Thank you for being part of our community!

Laurie Davis Chief Executive Officer The Arc of Volusia



Happy 63rd Birthday, Arc of Volusia!

March 23rd marked the completion of our **63rd year** providing the opportunity for hope, growth, and change to the individuals that we serve. What better time to share a little bit of our history?

The Arc of Volusia was founded in **1962** as an educational program by 7 families providing an alternative to the then-common practice of institutionalizing children who had intellectual and developmental disabilities. With just 3 volunteers and donated space at the Daytona Beach YMCA, The Arc of Volusia was born.

This agency was created with great love and compassion. The prevailing sentiment of the day was to send children with disabilities to state-run institutions, however, these founding families wanted to keep their children close physically and emotionally by raising them in their own homes, and in their own communities. Love, compassion, friendship and a sense of community are pervasive in our organizational culture.

In an era when the predominant belief was that people with disabilities should be institutionalized and isolated from the rest of society, our founders dreamed BIG DREAMS for their children. This same attitude of hope and expectancy permeates all we say and do.

Upon the passage of the Individuals with Disabilities Education Act of 1975, (which ensured public school education through age 22) our focus shifted to providing day training to intellectually and developmentally disabled (I/DD) **adults.** This continues to be our focus 50 years later, through our **Adult Day Training** programs at our **Daytona Beach** and **DeLand** campuses, and through our **Supported Employment Program** at local businesses in our community.

In the coming months, you'll be reading about the updates that we're currently making to our Membership Program. As the adage goes, there is strength in numbers. Maintaining an Arc of Volusia Membership also makes you a member of The Arc US, making our advocacy more powerful, providing access to the current information on the national level, up to the minute alerts about the latest on Capitol Hill so you know when to take action, and other member benefits through national partners. Your support makes The Arc's powerful voice even stronger as we address issues such as education, employment, housing, and safety that are critical to the disability community.



Fishing Fun

On March 25, our DeLand friends had a great sunny-Florida-day outing to Riverside Park NSB, on the beautiful Intracoastal. Spending time fishing (and catching!), relaxing with a picnic snack, and enjoying each other's company made for a fun day.

A big THANK YOU to Arc family member Todd Karaginis for not only donating 8 fishing rods, but for volunteering his time to help us catch some fish.

Have a great idea for a future outing? Let us know! We're always looking for new places to explore and enjoy.





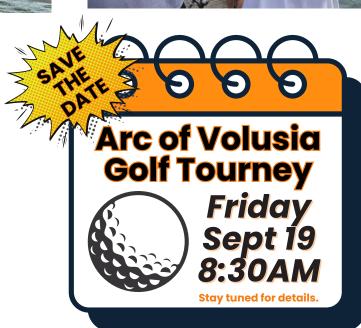




APRIL BIRTHDAYS

Frank Amato 4/2
Madison Smith 4/2
Felix Prado 4/5
Joshua Boquet 4/13
Joshua Gomes 4/14
Janay Powell 4/21
Mae Conyers 4/30

STAFF BIRTHDAYS
Darcy Antonucci 4/3
Domingo Veras 4/14





Jeep Beach '25 Silent Auction

The great folks at Jeep Beach have graciously donated a VIP Package for Jeep Beach '25 (coming up later this month!) for us to auction off online. Get your bid in before midnight on April 12 for your chance to win this \$500+ prize package and support the programs of The Arc of Volusia.

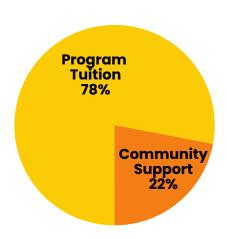
Scan the QR code below, or visit arcvolusia.org/jeepbeach for more info and to bid.



Did You Know?

Did you know that our program tuition, whether paid on an individual basis or through Medicaid, only covers 78% of the costs incurred to keep our program running? For the remainder of our day-to-day expenses, we rely on community donations, grants, and membership to provide the best possible services and programming to our individuals.

While both of our properties are owned free and clear, upkeep, program supplies, insurance, payroll and daily expenses add up. For this, we need YOUR support to fulfill our mission of providing the opportunity for hope, growth, and change to adults in our community with intellectual and developmental disabilities. There are several ways that YOU can help:



Become a Member of The Arc of Volusia

 For as little as \$25, you'll join over 140,000 Arc members and 700 chapters nationally in support of protecting the rights of our individuals Learn more: arcvolusia.org/donate

• Support Arc of Volusia Events and Fundraisers

 Watch this newsletter, our website, and social media for details of upcoming events Find us on FB & IG @TheArcVolusia

• Check out our Amazon Wish List

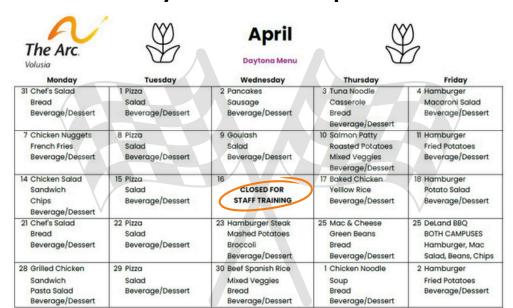
Help us with supplies that help us fulfill our mission.
 Find it here: arcvolusia.org/wishlist

• Connect Us To Causes That Matter to You

 Need a guest speaker for your organization? Let us share our story! Email us at: AchieveWithUs@ArcVolusia.org



Daytona Beach Campus Menu & Calendar



Alternate Lunch Choices Available Daily

Chef's Salad Ham or Turkey Sandwich w/ Beverage & Dessert

Snacks

Assorted Snacks (selection varies) Soda, Juice, Gatorade **Daily Breakfast Choices**

Sausage, Egg, & Cheese Sandwich Ham, Egg & Cheese Sandwich Oatmeal Assorted Cereal Cups

Daytona Beach Outing & Activities April

Thurs 4/3 Ponce Inlet Lighthouse (\$11)

> Wed 4/9 Bowling (\$10)

Wed 4/9 **Hope Place Library Craft** (at Arc DB)

> Tues 4/15 Sugar Mill Gardens

Thurs 4/17 Rolled Ice Cream (\$7)

Wed 4/23 Painting w/ Melissa

Fri 4/25 **DeLeon Springs BBQ**



IMPORTANT REMINDER:

Both campuses will be CLOSED on Wed. April 16 for staff training.

Interested in purchasing breakfast, lunch, or snacks?

Cash or check accepted for the day, the week, or the month.



Breakfast: \$2.00 Lunch: \$7.00 Snacks: \$1.00

DeLand Campus Menu & Calendar

DeLand Outing & Activities April

Tues 4/8 Captain D's (\$8)

Thurs 4/10 Ponce Inlet Park

Tues 4/15 Sugar Mill Gardens

Thurs 4/17 Rodeo Whip (\$8)

Tues 4/22 Painting w/ Melissa

> Thurs 4/24 Bowling (\$3)

Fri 4/25 **DeLeon Springs BBQ**

> Tues 4/29 FL Agricultural Museum(\$8)

Thurs 5/1 Valentine Park







Volusia Monday	Tuesday	Wednesday	\mathcal{L}	
			Thursday	Friday
31 Egg Salad Sandwich Chips Beverage/Dessert	1 Pizza Salad Beverage/Dessert	2 Chicken Stuff Casserole Green Beans Beverage/Dessert	3 Spaghetti Salad Bread Beverage/Dessert	4 Hamburger Fried Potatoes Beverage/Dessert
7 Chef's Salad Bread Beverage/Dessert	8 Pizza Salad Beverage/Dessert	9 Pancakes Sausage Beverage/Dessert	10 Tuna Noodle Casserole Bread Beverage/Dessert	11 Hamburger Macaroni Salad Beverage/Dessert
14 Chicken Nuggets French Fries Beverage/Dessert	15 Pizza Salad Beverage/Dessert	CLOSED FOR STAFF TRAINING	17 Salmon Patty Roasted Potatoes Mixed Veggies Beverage/Dessert	18 Hamburger Fried Potatoes Beverage/Dessert
21 Chicken Salad Sandwich Chips Beverage/Dessert	22 Pizza Salad Beverage/Dessert	23 Goulash Salad Beverage/Dessert	24 Baked Chicken Yelllow Rice Beverage/Dessert	25 DeLand BBQ BOTH CAMPUSES Hamburger, Mac Salad, Beans, Chips
28 Chef's Salad Bread Beverage/Dessert	29 Pizza Salad Beverage/Dessert	30 Hamburger Steak Mashed Potatoes Broccoli Beverage/Dessert	1 Mac & Cheese Green Beans Bread Beverage/Dessert	2 Hamburger Fried Potatoes Beverage/Dessert

Alternate Lunch Choices Available Daily

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Snacks Assorted Snacks (selection varies) Soda, Juice, Gatorade Daily Breakfast Choices

Sausage, Egg, & Cheese Sandwich Ham, Egg & Cheese Sandwich Oatmeal Assorted Cereal Cups