

August 2026

THE ARC OF VOLUSIA

ACHIEVING WITH US

NEWSLETTER

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Message from Our CEO



One of the things that makes The Arc of Volusia so special is the sense of community we create together.

Throughout the year, our staff work tirelessly to provide meaningful experiences that bring joy, build connections, and create lasting memories for the individuals we serve. This month, both our Daytona and DeLand campuses will come together for a decade dance at our DeLand campus. While the music, fashion, and fun are what everyone will remember, it is the dedication behind the scenes that truly brings these events to life.

From planning and decorating to every detail in between, our staff go above and beyond.

These moments are a reminder of the joy that comes from coming together, sharing laughter, and experiences that are enjoyed by both the individuals we serve and the staff who make them possible.

Together, we are creating more than memorable events; we are creating moments of joy, connection, and belonging that strengthen our community and remind every person they are valued.

-Laurie Davis



In July, we were fortunate to bring our Daytona and DeLand campuses together for some fun-filled days with friends. The Daytona campus hosted an exciting indoor Game Day where everyone enjoyed friendly competition in basketball, mini golf, and a variety of other games.

Later in the month, both campuses gathered again for a pizza party at Giuseppe's Pizza. It's always a treat when we can get everyone together.

Support The Arc of Volusia at ArcVolusia.org/donate



Purpose is one of the most powerful forces in our lives. It gives us a reason to get up each morning, encourages us to keep moving forward through challenges, and reminds us that even the smallest actions can make a meaningful difference. Many people spend their lives searching for purpose, believing it is something they need to discover.

More often, purpose is something we create. It isn't measured by the titles we hold, the milestones we reach, or the recognition we receive. It's found in the way we choose to live each day. Every person has unique strengths, passions, and experiences that shape who they are and the path they're meant to follow.

Purpose grows when we embrace those gifts, continue to learn, and become the best version of ourselves. It isn't about comparing our journey to anyone else's, it's about living a life that feels meaningful, authentic, and true to who we are.

This month, we invite you to:
Reflect on what gives your life meaning.

However, you define your purpose, remember that it doesn't have to be big to be significant. Sometimes the greatest purpose is found in showing up, lifting others up, and making today a little brighter than yesterday.

"The purpose of our lives is to be happy. From the very core of our being, we desire contentment."
-Dalai Lama

Staff Spotlight Linda Williams

DSP: DeLand

Your Role, In Your Own Words:

My role is to help individuals maintain independence, and create a safe, and meaningful environment.

What do you like most about your role?

I enjoy interacting with the individuals, and seeing all of their differing personalities.

What is your favorite event here at The Arc?

My favorite event is anytime both campuses are together. It's always a good time watching all of our friends spend time together.

What advice or encouragement would you give to a brand-new client of The Arc on their first day with us?

I always tell new individuals to make themselves at home. Take a chance, and participate in activities. You will have friends for life here.

How has your perspective changed since working at The Arc?

I have learned that no matter what the challenges may be, every person can reach their potential when in the right environment.

What is your favorite activity to do at The Arc?

I really enjoy crafting with my friends in DeLand. It's so rewarding to help them create their own masterpieces.

What do you like to do for fun?

Travel! I love to travel and explore new places. My favorite place I've been is Jamaica.



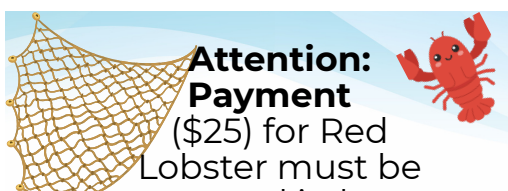
August Birthday's

John 08/07
Donald 08/07
Brandon 8/09
William 8/08
Elias 8/07
Sherry 8/12
Joseph 8/12
Nathaniel 8/13
Ed 8/21
Sherry 8/21
David 8/23
Michael 8/24
Harry 8/28
Debbie 8/29
Elisha 8/30

Staff
Bill 8/2
Matt 8/11
Mechelle 8/21
Allison 8/26

DANCE

We will be having a decade
dance at our DeLand campus
on 8/28.
Dress from your favorite
decade.


**Attention:
Payment**
(\$25) for Red
Lobster must be
turned in by
Wednesday 8/5
No Exceptions



**SUPPORT THE ARC, VOLUSIA COUNTY:
ADOPT A DUCK, HELP A CHILD!**



SCAN QR CODE TO
ADOPT A DUCK
TODAY!



Support The Arc, Volusia County by adopting a duck today.

Come join the excitement as we dump 10,000 ducks into the Halifax River
and watch them race to the finish line!

Cash Prizes: 1st Place \$2,500, 2nd Place \$1,000, and 3rd place \$500!

You do not need to be present to win.

This will be a fun, community-wide event with
food, vendors, music, and kid activities.

Scan the QR code above or visit the link below for more information!



Thank you to Our Sponsors!



SEPTEMBER 12th 2026 • 11 AM - 3 PM

JACKIE ROBINSON BALLPARK, DAYTONA BEACH

DUCKRACE.COM/DAYTONA BEACH

THE ARC

Ambassadors

BECOME A MEMBER

Your generosity helps expand opportunities and build a
stronger future for individuals in our community with
intellectual and developmental disabilities.

We invite you to continue that impact
through membership.



August 2026



Daytona Beach Campus Menu & Calendar

Monday 03	Tuesday 04	Wednesday 05	Thursday 06	Friday 07
Turkey Subs, Chips, Drink & Dessert	Pizza, Salad, Drink & Dessert	Chicken Strips, Fries, Drink & Dessert	Corndog, Fries, Drink & Dessert	Tuna Subs, Chips, Drink & Dessert
10 Chicken Nuggets, Fries, Drink & Dessert	11 Pizza, Salad, Drink & Dessert	12 Ranch Snack Wrap, Potato Salad Drink & Dessert	13 Turkey Subs, Chips, Drink & Dessert	14 Bacon Cheeseburger, Fries, Drink & Dessert
17 Corndog, Fries, Drink & Dessert	18 Pizza, Salad, Drink & Dessert	19 Chopped Steak, Gravy, Noodles Drink & Dessert	20 Chicken Nuggets, Fries, Drink & Dessert	21 Cheeseburger, Fries, Drink & Dessert
24 Southwest Chicken Wrap, Rice, Drink & Dessert	25 Pizza, Salad, Drink & Dessert	26 Turkey & Dressing Casserole, Drink & Dessert	27 Tomato Soup, Drink & Dessert	28 Free Lunch "Decade Dance"
31 Chicken Nuggets, Fries, Drink & Dessert				

Daytona Beach Outings & Activities

Wednesday 8/5 8/19
Bowling \$10

Thursday 8/6, 8/13, 8/20, 8/27
Swimming \$5

Monday 8/10
Donuts & Coco

Friday 8/14
Red Lobster \$25
(Wednesday due by 8/5)

Monday 8/24
Movie & Popcorn at The Arc

Friday 8/28
Decade Dance In DeLand
(Dress from your favorite decade.)

Interested in purchasing breakfast, lunch, or snacks?

Cash or check accepted for the day, the week, or the month.



Breakfast: \$2.00
Lunch: \$7.00
Snacks: \$1.00

Alternate Lunch Choices

Available Daily

Chef's Salad
Ham or Turkey Sandwich w/ Beverage & Dessert

Snacks

Assorted Snacks (selection varies)
Soda, Juice, Gatorade

Daily Breakfast Choices

Sausage, Egg, & Cheese Sandwich
Ham, Egg & Cheese Sandwich
Oatmeal
Assorted Cereal Cups

Menu is subject to change

2 Pancakes, and 1 sausage patty

DeLand Outings & Activities

Monday 8/3
Donuts & Hot Chocolate

Thursday 8/6
Movie & Popsicles at The Arc

Monday 8/10
Baking Class

Friday 8/14
Taste of Soul \$20

Wednesday 8/19
Baking Class

Monday 8/24
Burger King

Friday 8/28
Decade Dance In DeLand
(Dress from your favorite decade.)

DeLand Campus Menu & Calendar

Monday 03	Tuesday 04	Wednesday 05	Thursday 06	Friday 07
Egg Salad Sub, Drink & Dessert	Stroganoff, Veggie, Drink & Dessert	Pizza, Salad, Drink & Dessert	Chicken Strips, Fries, Drink & Dessert	Burger, Fries, Drink & Dessert
10 Turkey Subs, Chips, Drink & Dessert	11 Chicken Strips, Fries, Drink & Dessert	12 Pizza, Salad, Drink & Dessert	13 Corndog, Fries, Drink & Dessert	14 Tuna Subs, Chips, Drink & Dessert
17 Chicken Nuggets, Fries, Drink & Dessert	18 Ranch Snack Wrap, Potato Salad Drink & Dessert	19 Pizza, Salad, Drink & Dessert	20 Turkey Subs, Chips, Drink & Dessert	21 Cheeseburger, Fries, Drink & Dessert
24 Corndog, Fries, Drink & Dessert	25 Chopped Steak, Gravy, Noodles Drink & Dessert	26 Pizza, Salad, Drink & Dessert	27 Chicken Nuggets, Fries, Drink & Dessert	28 Free Lunch "Decade Dance"
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