

May 2026

THE ARC OF VOLUSIA

ACHIEVING WITH US

NEWSLETTER

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Message from Our CEO



At The Arc of Volusia, we believe opportunity is the starting point for growth, independence, and a meaningful life.

Every day, we strive to create more of those opportunities for the individuals we serve. Opportunities to build skills, form connections, and experience a greater sense of belonging in our community.

A Seat at the Table brings our mission to life in a powerful way. Uniting our community around a shared purpose.

This event is not only a moment to gather and celebrate, but a meaningful opportunity to invest in the continued growth of our programs and the individuals we serve.

When you support A Seat At The Table you are directly supporting our programs, allowing us to expand what we do and reach even more individuals in need.

With this support, we can continue developing programs that empower individuals to grow and thrive.

Because of your support, we are not just maintaining our services, we are building upon them. We are creating new opportunities, strengthening existing programs, and ensuring that every individual we serve has access to the resources they need to succeed.

When you join us for A Seat at the Table, you are helping turn possibility into reality. You are helping us grow, evolve, and continue opening doors for those we serve.

Thank you for being a part of this important work and for helping us create a more inclusive, opportunity filled community.

-Laurie Davis

April was a busy and exciting month at The Arc of Volusia! We want to give a huge shoutout to Publix District 24 for their incredible support. A team of dedicated associates spent time on our campus painting, landscaping, and doing some other projects, bringing fresh energy and care to our space. Their hard work truly made a difference, and we are so grateful for their time and community spirit!

It's also been a month full of activities for our friends! Matt's cooking class was a huge hit, with our friends whipping up delicious strawberry shortcakes. With a flurry of activity, laughter, and hands-on fun, it was a wonderful way to build skills and enjoy time together. We also enjoyed a special trip to Whispering Meadows, where everyone had the chance to explore, relax, and connect with nature.

Each of these moments reflects the opportunity to learn, grow, and experience something new together.



PUBLIX SERVES 2026



May 2026



Daytona Beach Campus Menu & Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
				01 Fried Chicken Sandwich, Fries, Drink & Dessert
04 Egg Salad, Chips, Drink & Dessert	05 Pizza, Salad Drink & Dessert	06 Baked Chicken, Mashed Potato, Veggie, Drink & Dessert	07 Ziti, Salad, Drink & Dessert	08 Hamburger, Potato Wedges, Drink & Dessert
11 Beanie Weanies, Drink & Dessert	12 Pizza, Salad Drink & Dessert	13 Sloppy Joes, Potato Wedges, Drink & Dessert	14 Steak and Gravy, Mashed Potato, Drink & Dessert	15 Bagged Lunch
18 Tuna Sandwich, Drink & Dessert	19 Pizza, Salad Drink & Dessert	20 Philly, Fries, Drink & Dessert	21 Breakfast Bake Drink & Dessert	22 Mushroom Swiss Burger, Potato Wedges, Drink & Dessert
Closed 	26 Pizza, Salad Drink & Dessert	27 Shepards Pie, Drink & Dessert	28 Chicken Cesar Salad, Drink & Dessert	29 Bacon Burger, Fries, Drink & Dessert

Thursday 5/7, 5/14, 5/21, 5/29
Swimming \$5
Monday 5/4
Arby's \$10
Wednesday 5/6 5/20
Bowling \$10
Monday 5/11
Ice Cream \$2
Friday 5/15
Marineland \$12
Arrive by 8AM
Bagged Lunch
Friday 5/22
Red Lobster \$20
First 20 people

Interested in purchasing breakfast, lunch, or snacks?
Cash or check accepted for the day, the week, or the month. 
Breakfast: \$2.00
Lunch: \$7.00
Snacks: \$1.00

Alternate Lunch Choices Available Daily	Snacks	Daily Breakfast Choices
Chef's Salad	Assorted Snacks (selection varies)	Sausage, Egg, & Cheese Sandwich
Ham or Turkey Sandwich w/ Beverage & Dessert	Soda, Juice, Gatorade	Ham, Egg & Cheese Sandwich
Menu is subject to change		Oatmeal
		Assorted Cereal Cups
		2 Pancakes, and 1 sausage patty

DeLand Outings & Activities

Monday 5/4
Taste of Soul \$12

Friday 5/8
African American Mesuem \$1

Tuesday 5/12
Mocktails and Pretzels

Thursday 5/14 & 5/28
Bowling \$3

Wednesday 5/20
Chuck Lennon Park

Friday 5/22
Wendy's \$8

Friday 5/29
Cookout with C Hotdogs and Hamburgers

DeLand Campus Menu & Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
				01 Western Burger, Potato Wedges, Drink & Dessert
04 Breakfast Bake Drink & Dessert	05 Pizza, Salad Drink & Dessert	06 Steak Tacos, yellow Rice, Black Beans, Drink & Dessert	07 Nuggets & fries Drink & Dessert	08 Hamburger, Fries, Drink & Dessert
11 Egg Salad, Chips, Drink, & Dessert	12 Pizza, Salad Drink & Dessert	13 Baked Chicken, Mashed Potato, Veggie, Drink & Dessert	14 Ziti, Salad, Drink & Dessert	15 Bagged Lunch
18 Beanie Weanies, Drink, & Dessert	19 Pizza, Salad Drink & Dessert	20 Sloppy Joes, Potato Wedges, Drink & Dessert	21 Steak and Gravy, Mashed Potato, Drink & Dessert	22 Hamburger, Potato Wedges, Drink & Dessert
Closed 	26 Pizza, Salad Drink & Dessert	27 Tuna Sandwich, Drink & Dessert	28 Breakfast Bake Drink & Dessert	29 Mushroom Swiss Burger, Potato Wedges, Drink & Dessert

Opportunity

Opportunity isn't always something that arrives with perfect timing or clear direction. It's often something we choose to see, or even create, in our own lives. It can look like taking a chance, starting over, speaking up, or simply saying "yes" when it feels easier to say "no."

Sometimes opportunity is big and obvious, but more often it shows up in quiet, everyday moments that ask us to grow just a little beyond where we are. When we begin to look at life through the lens of opportunity, our perspective shifts. Challenges become chances to learn, connections become pathways to something more, and even small steps forward begin to matter in meaningful ways. Each of us has the ability to shape our own path, not all at once, but one decision at a time.

At The Arc of Volusia, we are reminded every day of what can happen when opportunity is embraced. The individuals we serve show us that growth is not about perfection, but about courage, the willingness to try, to keep going, and to believe in what's possible. Their journeys inspire us all to look at our own lives a little differently.

This month, challenge yourself to recognize and act on one opportunity you may have been overlooking. It doesn't have to be something big, reach out to someone new, try something unfamiliar, or take a step toward a goal you've been putting off. Pay attention to the moments that make you pause or feel just slightly uncomfortable those are often the ones that lead to growth.

As you move through this month, consider what opportunity looks like in your own life. What have you been putting off? What might happen if you took that first step? Growth doesn't require perfection, it simply asks for willingness.

"Life is a gift, and it offers us the privilege, opportunity, and responsibility to give back by becoming something more."
-Tony Robbins

Staff Spotlight Laurie Davis

Your Role, In Your Own Words:

I oversee the day-to-day operations to ensure programs run effectively. This includes staffing, fundraising, building community partnerships and keeping the board of directors informed. I am also responsible for fiscal oversight, ensuring the agency manages its resources responsibly.

What do you like most about your role?

Every day is different!! We put a lot of effort into scheduling, planning, and prioritizing projects, while remaining flexible enough to pivot quickly when things change. I am also especially proud of the work we do in the community, and the positive impact it has on people's lives.

What is your favorite events here at The Arc?

My favorite event so far has been our holiday celebrations! I enjoy it when we have both campuses together in one location, our staff and volunteers do an amazing job planning, decorating, cooking and serving over 100 people in a short amount of time

What do you like to do for fun?

Travel! Since relocating here three years ago, I've enjoyed exploring this beautiful state. I also enjoy spending time at the beach and visiting the theme parks in Orlando – the Avatar ride in Animal Kingdom is my favorite!

What advice or encouragement would you give to a brand-new client of The Arc on their first day with us?

Give us a chance, you're going to make so many new friends here!! We have amazing staff who work hard making sure every day is different.

How has your perspective changed since working at The Arc?

When I first started at an Arc chapter in Central New York over 30 years ago, I never imagined I would spend my entire career in this field. It has been, by far, the most rewarding, impactful work I could have chosen.



May Birthday's

Robert 5/1
Carmen 5/18
Sharon 5/19
Patti 5/25
Rachel 5/30
Michale 5/30

Staff
Melissa 5/16

Starting in May, swimming for the Daytona Beach campus, will be at Daytona State College instead of the Holly Hill YMCA




Our Daytona Campus is gearing up for an exciting outing to Marineland on May 15!

This trip is a wonderful opportunity for our individuals to explore marine life up close, and enjoy a day in a beautiful coastal setting.

Participants are asked to arrive at The Arc no later than 8:00 AM for departure. The cost of the trip is \$12, and we ask everyone to bring a bagged lunch. We're looking forward to a memorable day filled with learning, laughter, and shared experiences.




THE ARC OF VOLUSIA INVITES YOU TO

A Seat AT THE Table

MAY
 THURSDAY 7 5:30 PM
 2026



Presented By

 Commitment to Excellence
 SMITH BIGMAN BROCK

100 JIMMY HUGER CIRCLE
 DAYTONA BEACH, FL. 32117

