

March 2026

THE ARC OF VOLUSIA

# ACHIEVING WITH US

NEWSLETTER

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## Message from Our CEO



At The Arc of Volusia, compassion is at the heart of everything we do. It is what allows our

community to grow and thrive. Compassion means recognizing when someone needs support, listening with understanding, offering patience, and responding with kindness. It is about seeing each individual beyond their struggles and honoring their dignity, strengths, and worth.

Compassion at The Arc of Volusia also includes caring for ourselves. We know that everyone faces challenges, and taking time to pause, reflect, or ask for help is an important part of staying strong so we can continue to care for others.

By nurturing both our staff and the individuals we serve, we build a culture where everyone feels valued, respected, and connected. I am proud of the compassion shown every day by our staff, volunteers, and participants.

Together, we will continue to make compassion a guiding principle, shaping our interactions and creating a welcoming, supportive community where everyone belongs.

Our upcoming May 7 event is a wonderful example of compassion in action. This special gathering brings our community together to celebrate connection, inclusion, and the relationships that make The Arc of Volusia such a meaningful place. Events like this remind us that when we come together with open hearts and shared purpose, we strengthen the bonds that support everyone we serve. Thank you for helping make The Arc of Volusia a place of care, kindness, and understanding.

-Laurie Davis

The Arc of Volusia Valentine's Day Dance was a lovely celebration enjoyed by friends from both our Daytona and DeLand campuses. The room was full of music, laughter, and happy smiles as everyone wore their favorite Valentines Day color, danced, and shared in the joy of the day. It was wonderful to see friendships shine and so many special moments created. Anytime both campuses get together, all of our friends have have the most wonderful time.

A very special thank you to our generous donors who brought flowers and candy for every friend. Your kindness made the day even more magical and helped each individual feel celebrated, valued, and loved. Because of you, every friend went home with a sweet reminder that they are cared for and appreciated. We are truly so grateful for such a wonderful community of people who always show up with love, and for our wonderful staff who always go the extra mile to ensure every individual has a memorable experience. We couldn't do this without all of you.



**March 2026**



**Daytona Beach Campus Menu & Calendar**

Monday	Tuesday	Wednesday	Thursday	Friday
02 Turkey Sub, Chips, Drink & Dessert	03 Pizza with Salad Drink & Dessert	04 Sloppy Joe, Fries, Drink & Dessert	05 Baked Chicken Drink & Dessert	06 Hamburgers, Drink & Dessert
09 Fish Fry, Hushpuppies, Coleslaw Drink & Dessert	10 Pizza with Salad Drink & Dessert	11 Meatloaf, mashed potato, Drink & Dessert	12 Breakfast Bake, Drink & Dessert	13 Hamburger, Fries, Drink & Dessert
16 Tomato Soup, Grilled Cheese Drink & Dessert	17 Pizza with Salad Drink & Dessert	18 Meatballs, Mashed Potatos Drink & Dessert	19 Chicken Tender, Potato Salad Drink & Dessert	20 Western Burger, Potato Drink & Dessert
23 Tuna Sandwhich, Veggie Drink & Dessert	24 Pizza with Salad Drink & Dessert	25 Chicken & Waffles Drink & Dessert	26 Beefaroni, Salad Drink & Dessert	27 Hamburger, Fries, Drink & Dessert
30 Nuggets, Fries, Drink & Dessert	31 Pizza with Salad Drink & Dessert			

**Daytona Beach Outings & Activities**

**Wednesday 3/4**

Bowling

**Thursday 3/5**

Dollar Store

**Monday 3/16**

\$5 Barberville Pioneer Settlement (open to first 25 to sign up)

**Wednesday 3/18**

Bowling

**Wednesday 3/25**

Bowling

**Friday 3/27**

Game Day (Free Lunch)

Wear something that represents your favorite sports team.

**Interested in purchasing breakfast, lunch, or snacks?**

Cash or check accepted for the day, the week, or the month.



**Breakfast: \$2.00  
Lunch: \$7.00  
Snacks: \$1.00**

**Alternate Lunch Choices**

**Available Daily**

Chef's Salad  
Ham or Turkey Sandwich w/ Beverage & Dessert  
Menu is subject to change

**Snacks**

Assorted Snacks (selection varies)  
Soda, Juice, Gatorade

**Daily Breakfast Choices**

Sausage, Egg, & Cheese Sandwich  
Ham, Egg & Cheese Sandwich  
Oatmeal  
Assorted Cereal Cups  
2 Pancakes, and 1 sausage patty

**DeLand Outings & Activities**  
**Monday 3/2**

Library Check out Books

**Thursday 3/5**

Captain D's

**Tuesday 3/10**

Goodwill

**Friday 3/12**

Painting with a Twist

**Monday 3/16**

Return Library Books

**Tuesday 3/17**

Cooking with Matt

**Thursday 3/19**

Denny's Orange City

**Tuesday 3/24**

Books a Million

**Friday 3/27**

Game Day (Free Lunch)

Wear something that represents your favorite sports team.

**DeLand Campus Menu & Calendar**

Monday	Tuesday	Wednesday	Thursday	Friday
02 Tuna Sandwich, Chips, Drink & Dessert	03 Pizza with Salad Drink & Dessert	04 Twice Baked Potato, Salad, Bread, Drink, & Dessert	05 Baked Ziti, Salad, read, Drink, & Dessert	06 BBQ Bacon Burger, Fries, Drink, Dessert
09 Turkey Sub, Chips, Drink & Dessert	10 Pizza with Salad Drink & Dessert	11 Sloppy Joe, Fries, Drink & Dessert	12 Baked Chicken Drink & Dessert	13 Ham Burgers, Drink & Dessert
16 Fish Fry, Hushpuppies, Coleslaw Drink & Dessert	17 Pizza with Salad Drink & Dessert	18 Meatloaf, mashed potato, Drink & Dessert	19 Breakfast Bake, Drink & Dessert	20 Hamburger, Fries, Drink & Dessert
23 Tomato Sup, Grilled Cheese Drink & Dessert	24 Pizza with Salad Drink & Dessert	25 Meatballs, Mashed Potatos Drink & Dessert	26 Chicken Tender, Potato Salad Drink & Dessert	27 Western Burger, Potato Drink & Dessert
30 Tuna Sandwich, Veggie Drink & Dessert	31 Pizza with Salad Drink & Dessert			



## Compassion

Compassion; Showing kindness, patience, and understanding towards others especially when someone is having a hard time.

This month, we encourage everyone to practice compassion in small but meaningful ways.

A smile, a kind word, or a helping hand can make a big difference in someone's day.

Try to notice when someone may need extra support, and take a moment to understand how they might be feeling.

Compassion also means being gentle with ourselves and remembering that everyone has challenging days sometimes.

Whether it's supporting a friend, assisting a coworker, or encouraging someone who may be struggling, acts of compassion help create a welcoming and caring environment for all.

When we choose compassion, we strengthen our community and remind one another that we are never alone.

Together, let's make compassion a daily habit and continue building a place where everyone feels valued, respected, and truly cared for.

"Love and compassion are necessities, not luxuries. Without them, humanity cannot survive."

-Dalai Lama

## Staff Spotlight Cherie Davenport

### **Your Role, In Your Own Words:**

My role is to help individuals learn life work skills that improve their quality of life, and promote independence in their every day lives.

### **What do you like most about your role?**

I really like educating my friends on safety, basic life skills, and watching them learn how to do new things.

### **What is your favorite events here at The Arc?**

Our Thanksgiving, and Christmas dinner with both campuses, and staff. It makes being at The ARC more like a family, and not just a day program

### **What do you like to do for fun?**

For fun I like to take our boat out for the day, going out to eat, and I love watching Hallmark movies.

### **What advice or encouragement would you give to a brand-new client of The Arc on their first day with us?**

There is no such thing as perfection. Do your best, and try to have fun!

### **How has your life/perspective changed working with The Arc?**

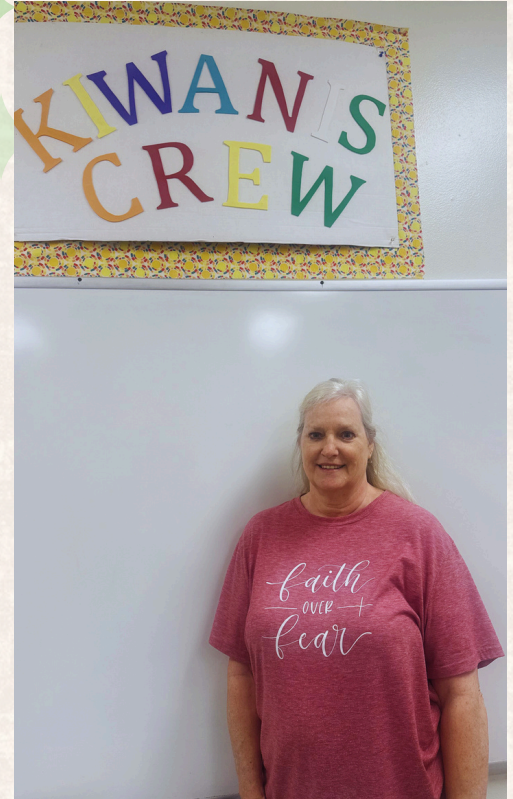
I can't change everything for our clients, but I can try to make the six hours they are at ARC to be the best. It is important to me that they WANT to come here, not because they have to.

### **What would you like to share about yourself?**

I have been married for 33 years, and have two wonderful grown children. I graduated from Stetson University. I have a degree in marketing, but if I could go back I would go into education. There is no better feeling then when an individual lights up when "they get it." Education is something I am very passionate about.

### **What is your favorite activity to do with clients?**

I really enjoy teaching, but I also love to see their faces when we play games. I love how they support and cheer each other on!



## March Birthdays

- Toby Katz 3/03
- Angie Robbins 3/4
- Michael Sheppard 3/05
- Christopher Lawrence 3/6
- Carrie Moran 3/07
- Cheryl Kuhn 3/8
- Carly Sorensen 3/11
- Brandon Currier 3/12
- Robert Stone 3/16
- LaShannda Walker 3/17
- Anthony Lopinto 3/19
- Michael Pipines 3/21
- Samantha Nobles 3/23
- Jackson Gallagher 3/26
- Joseph Wallace 3/27
- Valerie Brown 3/29
- Julian Adomo 3/29
- Devon Moore 3/30

## Staff Birthdays

- Flo 3/12
- Donald 3/20



On May 7, 2026, The Arc of Volusia will host A Seat at the Table, a special fundraising event celebrating inclusion, connection, and community. This meaningful evening is built around the idea that everyone deserves to be seen, heard, and valued; because every individual truly has a seat at the table. Guests will come together to support our mission while enjoying a night of unity, purpose, and shared commitment to creating opportunities for all. Use the QR code above to learn more, and purchase your tickets.

We are happy to announce that there are openings at both Arc of Volusia campuses. Whether you live in Daytona, DeLand, or anywhere in between, we currently have spots available to serve individuals in our programs. We welcome new participants and look forward to supporting our community with the care, resources, and opportunities Arc of Volusia is known for.