

ACHIEVING WITH US

NEWSLETTER

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Message from Our CEO



Growth doesn't always happen in big, visible ways. It's the quiet progress we make each day that matters most.

It's the courage to try again, the confidence built over time, and the small victories that lead to meaningful change. At The Arc of Volusia, growth is a journey we embrace every day; one that builds independence, inspires confidence, and celebrates each step forward.

At the heart of our mission is a commitment to ensuring every individual has the opportunity to learn, grow, and thrive. With the support of our dedicated staff, families, and community, we continue to open doors, expand possibilities, and create experiences that make a lasting impact.

We're proud to carry this spirit into our May 7th event, A Seat at the Table. This special evening is more than a fundraiser. It's a celebration of belonging, opportunity, and the belief that everyone deserves to be seen, heard, and valued. A Seat at the Table brings our community together to share in a powerful message of inclusion, where every individual has a place and every voice matters. It's a chance to come together in support of our mission, to celebrate the individuals we serve, and to help create a future filled with possibility.

Each seat represents support, but more importantly, it represents hope, connection, and opportunity. Every guest who joins us helps expand access to programs, services, and experiences that empower individuals to live full and meaningful lives. Whether through sponsorship, attendance, or support from afar, your involvement makes a direct and lasting difference.

-Laurie Davis

March at The Arc of Volusia was defined by meaningful engagement, shared experiences, and continued growth as we moved into the spring season. Our friends took part in a variety of outings that encouraged community connection and new experiences, including trips to the bowling alley and a visit to Barberville Settlement, where individuals had the opportunity to explore local history in an interactive and engaging way. Throughout the month, participants were also involved in planting and tending to gardens across our campuses. An effort that not only builds practical skills, but also reflects the season itself: a time of growth, renewal, and progress.

We closed out the month with Game Day that brought friends together from across The Arc for an afternoon of some friendly competition. Activities included mini golf, bean bag toss, giant Connect Four, and more, creating space for teamwork, social interaction, and shared accomplishment.



April 2026



Daytona Beach Campus Menu & Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
		01 Easter Celebration	02 Turkey Sandwiches, chips, drink, & dessert	03 Closed
06 Ham salad sandwiches, chips, drink, & dessert	07 Nuggets & fries Drink & Dessert	08 Tuna Sandwiches, Chips, Drink & Dessert	09 Chicken Pot Pie, Drink & Dessert	10 Hamburger, Fries, Drink & Dessert
13 Hamburger gravy, mashed potato, mix veggies, drink & dessert	14 Pizza with Salad Drink & Dessert	15 Salmon Patties, Broccoli, Drink & Dessert	16 Chicken Dumplings, Bread, Drink & Dessert	17 Burger, Potato Wedges, Drink & Dessert
20 Veggie Soup, Grilled Cheese, Drink & Dessert	21 Pizza with Salad Drink & Dessert	22 BBQ Chicken, Green Beans, Drink & Dessert	23 Swedish Meatballs, Mash, Green Beans, Drink & Dessert	24 Western Burger, Potato Wedges, Drink & Dessert
27 Fried Fish, Cheese Grits, Green Beans, Drink & Dessert	28 Pizza with Salad Drink & Dessert	29 Breakfast Bake Drink & Dessert	30 Steak Tacos, yellow Rice, Black Beans, Drink & Dessert	

Daytona Beach Outings & Activities
Wednesday 4/1
 Easter Celebration
 Free Lunch
Friday 4/3
 Closed
Wednesday 4/8 & 4/29
 \$20 Dave & Busters
Friday 4/10 4/17 4/24
 \$5 Swimming
Wednesday 4/15 4/22
 \$10 Bowling
Thursday 4/16
 \$5 Duck Donuts
Tuesday 4/21
 Fun Day Deland Campus
Monday 4/27
 Donut Day (free)

Interested in purchasing breakfast, lunch, or snacks?
 Cash or check accepted for the day, the week, or the month. 
Breakfast: \$2.00
Lunch: \$7.00
Snacks: \$1.00

Alternate Lunch Choices Available Daily
 Chef's Salad
 Ham or Turkey Sandwich w/ Beverage & Dessert
 Menu is subject to change

Snacks
 Assorted Snacks (selection varies)
 Soda, Juice, Gatorade

Daily Breakfast Choices
 Sausage, Egg, & Cheese Sandwich
 Ham, Egg & Cheese Sandwich
 Oatmeal
 Assorted Cereal Cups
 2 Pancakes, and 1 sausage patty

DeLand Outings & Activities

Friday 4/10
 Flea Market

Monday 4/13
 \$10 Dairy Queen

Friday 4/17
 Earl Brown Park

Tuesday 4/21
 Fun Day Deland Campus

Friday 4/24
 Picnic in Park

Thursday 4/30
 \$10 Cici's Pizza

DeLand Campus Menu & Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
		01 Easter Celebration Daytona	02 Nuggets, Fries, Drink & Dessert	03 Closed
06 Nuggets, Fries, Drink & Dessert	07 Pizza with Salad Drink & Dessert	08 Chicken & Waffles Drink & Dessert	09 Beefaroni, Salad Drink & Dessert	10 Hamburgers, Drink & Dessert
13 Ham salad sandwiches, chips, drink, & dessert	14 Nuggets & fries Drink & Dessert	15 Tuna Sandwiches, Chips, Drink & Dessert	16 Chicken Pot Pie, Drink & Dessert	17 Hamburger, Fries, Drink & Dessert
20 Hamburger gravy, mash, mix veggies, drink & dessert	21 Pizza with Salad Drink & Dessert	22 Salmon Patties, Broccoli, Drink & Dessert	23 Chicken Dumplings, Bread, Drink & Dessert	24 Burger, Potato Wedges, Drink & Dessert
27 Veggie Soup, Grilled Cheese, Drink & Dessert	28 Pizza with Salad Drink & Dessert	29 BBQ Chicken, Green Beans, Drink & Dessert	30 Swedish Meatballs, Mash, Green Beans, Drink & Dessert	



What if growth isn't something we wait for, but something we choose to nurture every day?

As spring arrives, we're reminded that growth is all around us visible in blooming flowers, longer days, and fresh opportunities, but also within each of us in ways both big and small.

At The Arc of Volusia, growth isn't just about change. It's about progress, patience, and recognizing the value in every step forward. It's found in the quiet moments of perseverance, the courage to try something new, and the joy that comes from reaching milestones.

Growth looks different for everyone. For some, it may be learning a new skill or gaining independence in a daily task. For others, it might mean building meaningful connections, discovering new passions, or finding confidence in something that once felt out of reach.

Each journey is unique, and every achievement deserves to be celebrated.

This season invites us to slow down and truly notice these moments. It encourages us to nurture growth not only in ourselves, but in those around us through kindness, encouragement, and support.

When we invest in one another, we create an environment where everyone can thrive.

At the heart of our community is the belief that everyone deserves the chance to grow, to be seen, and to succeed. With the support of our staff, families, and community partners, individuals at The Arc of Volusia continue to reach new heights, build confidence, and create meaningful, fulfilling lives.

As we embrace this season of renewal, let's continue to grow together uplifting one another, opening doors to new possibilities, and celebrating the many ways our community blossoms each and every day.

Staff Spotlight Floretta Sherill

Your Role, In Your Own Words:

Overall, my role is to make sure my clients are safe, supported and having a good day, not just another day.

What do you like most about your role?

The clients! They really make the job worth it, their personalities, their progress, and even their little moments throughout the day. No two days are ever the same, and they keep me on my toes in the best way.

What is your favorite events here at The Arc?

Water day!!! It brings out so much fun energy from our friends. Everyone is relaxed engaged and having a good time.

What do you like to do for fun?

I cook for fun! I cook for my family six days a week, and I enjoy it! I love preparing meals for my husband, kids, and nieces nursing that time to bond, and create meaningful moments together. Cooking allows me to be creative and that's my happy place.

What advice or encouragement would you give to a brand-new client of The Arc on their first day with us?

Don't worry. We are like a family here. We are here to support you, and make sure you're comfortable. This is your home away from home. Most importantly remember to have some fun!

What would you like to share about yourself?

I am the youngest DSP, at The Arc. The Pisces in me keeps things interesting. I play... probably a little too much. I love my family. I might occasionally raise my co workers blood pressure, but its all in good fun.

What is your favorite activity to do with clients?

I enjoy getting them out into the community, for food outings. Trying new things, and seeing them relax and enjoy themselves. We bond, have conversations, and create memories outside the typical day to day routine. Plus, lets just be honest food makes everything better, and that's a win for everybody.



April Birthday's

Frank Amato 4/2
Felix Prado 4/5
Joshua Boquet 4/13
Joshua Gomes 4/14
Janay Powell 4/21
Mae Conyers 4/30
Staff
Darcy 4/3

Last Chance!
 Volunteer spots are still available for national volunteer week April 20-24.
 To volunteer, email AchieveWithUs@ArcVolusia.org to sign up!

A Seat at the Table, The Arc of Volusia's signature fundraising event, is just around the corner! This special evening brings our community together in support of individuals with developmental and cognitive disabilities, helping fund programs that foster independence, growth, and opportunity.
 We're excited to share that individual tickets and sponsorships are on sale now. Don't miss your chance to be part of an impactful night that truly makes a difference.

THE ARC OF VOLUSIA INVITES YOU TO

A Seat AT THE Table

MAY
 THURSDAY 7 5:30 PM
 2026



Presented By 
 Commitment to Excellence
 SMITH BIGMAN BROCK

100 JIMMY HUGER CIRCLE
 DAYTONA BEACH, FL. 32117

